WISDOM NEWS

THE OFFICIAL NEWSLETTER OF WISDOM COLLEGE

FROM THE PRINCIPAL'S DESK

MR. DAMIEN BARRY

Welcome to Term 3. I hope that all students had a chance to spend time with family, to rest and recharge, before we embark upon the second half of the year. We finished last term with two excellent events. We held our second cross country carnival at Calamvale District Park. This was won by Bucks House, closely followed in second place by Eagles House. We then hosted the Qurban festival in our undercover area. We managed to raise a few thousand dollars to give to charity to provide core life necessities so the event was very worthwhile. Thank you to everyone who contributed.

We've now started the new term and we have a couple of camps either done or about to be done. Our Year 9 and 10 students go on a two night expedition style camp, and then our Year 4 students attend an overnighter. All camps are designed to develop independence, friendships, leadership and resilience. Thanks to Mrs Coskun for organising these.

All parents will have either received Semester 1 academic reports or be able to access them via Schoolbox. They provide valuable information on academic progress to date, and potential areas of improvement. Please contact the relevant teacher if you would like further information about a specific grade or comment.



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With this term being another full one, it's important to note some upcoming key events. We will give our students the opportunity to be involved in some academic competitions. These are known as ICAS and AMC respectively, or International Competitions and Assessment for Schools, and Australian Maths Competition.

We also have Science Week and Book Week on back to back weeks mid-term. Our Year 10s are doing work experience for a whole week. Our 11s have the semiformal and all grades will be involved in our Athletics Carnival on the very last day of term. All of these dates are on our College calendar and contained as a list towards the back of every newsletter.

Wishing everyone a safe and happy term ahead!

HEAD OF PRIMARY

MRS 7AINAB RASHED

Dear Parents,

It's with pleasure that I have begun my journey as the Acting Head of Primary at Wisdom College. In the short time I've been here, it has been wonderful working alongside our dedicated staff and getting to know our amazing students.

Our current and new students have settled in seamlessly, and we've had an exciting start to the term. One highlight was the Didjeribone incursion presented by Tjupurru. The show introduced our students to an Australian Made instrument, the Didjeribone, blending ancient tradition and modern technology. Tjupurru shared his inspiring journey, Aboriginal culture, and music, giving our students a deeper understanding of Indigenous heritage. The interactive performance was both entertaining and educational, making learning fun!

In addition to the incursion, our Year 6 students had a fantastic time exploring Australia's immigration history at Moreton Bay Education Centre. They had the unique opportunity to step into the shoes of immigrants from early settlements to post-World War II. The visit to Lytton Quarantine Station enabled them to reenact immigrant arrivals, providing insights into their experiences. Students engaged in problem-solving activities and contemplated ethical questions related to the topic.

As the term progresses, our students can look forward to exciting events like Book Week, Science Week, Literacy and Numeracy Week. These events will provide them with unique opportunities to explore various subjects in fun and interactive ways.

I'm looking forward to a successful and enriching term together!









HEAD OF TEACHING AND LEARNING

MRS AYSE DOGAN

Welcome Back to Term 3!

Dear Parents, Guardians, and Students,

Welcome back to Term 3! We hope you had a restful break and are ready for the exciting term ahead. We have a packed schedule with various events and activities that we can't wait to share with you.

EXCITING EVENTS AHEAD!

In the coming weeks, we have some highly anticipated events lined up. Week 6 will see the celebration of Science Week, where our students will engage in captivating experiments and explore the wonders of the scientific world. Then, in Week 7, it's time to unleash your creativity and prepare your Book Week costumes! Get ready to dive into the enchanting realms of literature and imagination. Week 8 will host the National Literacy and Numeracy Week, focusing on enhancing our students' skills in these essential areas.

COMPETITIONS, INCURSIONS, AND ACTIVITIES!

We have some thrilling competitions, inspiring incursions, and engaging activities planned for our students throughout the term. These events aim to provide our students with unique learning experiences and opportunities for personal growth. Stay tuned for more details and get ready to participate and have some fun!

CELEBRATING ENTREPRENEURIAL SUCCESS!

We are incredibly proud of our Year 10 students who took part in the new school-based subject, Business, and Entrepreneurship. Under the guidance of Mrs. Clarke, they worked diligently to create innovative business ideas. After weeks of careful planning and preparation, they presented their ideas to a panel of judges. Congratulations to Nishimo and Jameela for making it to the national semi-finals! Their remarkable performance in front of the Shark Tank Judges through a Zoom presentation is truly commendable. We applaud their dedication and creativity.

"As we dive into this productive term, we encourage all students to approach their studies with enthusiasm and dedication."

NAPLAN SUCCESS!

In Term 1, our Year 3, 5, 7, and 9 students undertook the NAPLAN tests one term earlier than usual. We are delighted to announce that the results have been released, and our students have excelled! Our primary students achieved above state levels across all areas, with many of them performing exceptionally well in the spelling, writing, and reading categories, earning them placements in the strong and exceeding bands along with many of our Year 7 and 9 students. Individual NAPLAN reports will be handed out to students this week, and you may notice a change in how the results are reported due to adjustments in proficiency levels.

LOOKING AHEAD

As we dive into this productive term, we encourage all students to approach their studies with enthusiasm and dedication.

Let's continue supporting each other as a close-knit school community, fostering an environment of growth and excellence.

Thank you for being a part of our school's journey, and we look forward to sharing more memorable moments with you in the coming weeks. If you have any questions or concerns, please do not hesitate to reach out to our dedicated staff.

Wishing you all a fantastic and successful Term 3!









HEAD OF CO-CURRICULAR

MRS CANAN COSKUN

Hello Wisdom Family,

A big welcome to all our new and existing families. I hope you are all settled into the new term and ready for all the events and happenings! I feel like I need to tell you all to 'hold onto your seats' as we take you through this term.

All of our after-school programs and activities have begun and students are enjoying the connection and creativity they experience in these clubs. We have many big events happening this term and one that is close to my heart is 'Selfless Service Week'. This is a week where we aim to get our whole school community, students, parents and teachers involved in the act of giving and taking part in Service learning.

Service is ingrained into the DNA of Wisdom College and can be seen in the foundations of who we are.

This week I attended the year 9/10 camp for the day out in beautiful Maroon. I am always so excited for our students who go out and get to experience being in nature, challenging themselves and having rich learning experiences. The amount of self development, self awareness and social emotional learning that happens during camps is phenomenal and this is why Wisdom College ensures all students from years 3-12 attend camp and these are all conducted in various parts of Queensland. If you would like more information about our camp programs you can hop onto our website or get in touch with me, I would love to chat about it all!

Some upcoming events which are of great significance to our College are:

Selfless Service Week: Weeks 5 and 6 Bullying No Way Day: 18 th August RUOK Day: 14 th September

I wish you all a safe and productive term ahead and will keep you posted on all our co-curricular events throughout the term.













PARENTING STRENGTHS THAT MAKE A DIFFERENCE

MRS. MANJA WHALEY - STUDENT SUPPORT OFFICER

As we have entered term 3 and we have just come off a three-week school holiday break, I am sure you all have had to deal with multiple meltdowns, juggles, and questionable parenting moments. At least I have . With that, for me, also comes me questioning myself on my parenting 'am I getting this right?', 'could I have done this better', 'why is it so hard?'.

There is lots of advice and warnings about what not to do as a parent if you want your children to turn out all right. "Don't be too strict." "Do not be too lax." "Don't protect your child from frustration." "The more responsibility you take for your children's behaviour, the less responsibility they take for themselves." "Do not let your emotions get out of control." "Do not expect too much of your child, make your expectations realistic." It can get a bit depressing to hear about all the negative statistics and problems this generation is experiencing and how little influence parents have over our children especially as they grow older in comparison to the influence of their peers and the media.

There is room for optimism. Research continues to show that parents exert a very powerful influence over their children's habits and behaviours whether they know it or not especially when their children never appear to be listening!

Research indicates that parents who are kind but firm in their style of parenting have kids that turn out to be good kids and successful in what they do.

Kind and firm child rearing practice is the preferred and skilled form of parenting. Parents who raise their children in this fashion talk and reason with them about objectionable behavior, focus on the behavior but do not blame the child, set limits with clear consequences for rule violations, set punishment that is related to rule learning, not blame, sometimes frustrate their child when necessary, apply reasonable pressure to teach self-discipline and delay of gratification, never punish out of anger and frequently praise and show love (Paul Hauck).

We also know that emotionally happy children have parents who teach them self-acceptance.

Here's what Albert Ellis, founder of one of the world's most powerful forms of counseling and therapy, Rational Emotive Behaviour Therapy, has written about how parents can communicate self acceptance to their children.

Teach children to never rate themselves in terms of their behavior and to separate judgments of their actions from judgments of self- worth. Encourage them to acknowledge and accept responsibility for their traits and behaviors —both good and badwithout evaluating themselves as good or bad. Help combat children's tendencies towards self downing by reminding them they are made up of many good qualities (and some that are not so helpful) and that they do not lose their good qualities when bad things happen. Explain to children that all human beings are capable and likeable in their unique ways and, therefore, it is good for children to accept themselves unconditionally without having to prove themselves.

The current parenting research reveals that, in order to exert a positive influence over children, parents need to have many different parenting skills or strengths that they call on when interacting with their children on a daily basis. Here are 5 of the most important parenting strengths that constitute the parent muscle and wisdom needed to be a highly effective parent. Also provided are actions you can take to further develop one or more parenting strengths.



Develop a positive parent child relationship.

- Spend extra "special time" with your child.
- Give your child plenty of affection
- Actively listen to your child without interrupting.
- Refrain from using a negative tone of voice.
- Be emotionally resilient and calm when faced with your child's imperfections

Be interested and involved in your child's education.

- Show interest in what your child is learning in different classes/subjects at school (e.g., ask questions).
- Get to know who your child's teachers are, and their names.
- Be available to help your child when s/he has a problem with schoolwork.
- Attend school events offered to parents, (e.g., parent-teacher association, Coffee Break).

Emotionally coach your children

- When your children are upset, be aware of their emotions. Stay calm paying attention to their feelings so you can respond sensitively.
- When your children are upset, recognise this time as an opportunity to be close to them and to teach them about emotions.
- Listen to your children with a great deal of empathy without interrupting with advice. Communicate that you understand what they are feeling.
- Help your children find the words to describe how they are feeling inside.
- When you observe your children being emotional upset, first set limits for what is and what is not acceptable behaviour. Then,
 discuss ways to stay calm as well as different things they can do solve the problem they are faced with.

Communicate high, realistic expectations for your child's achievement and behaviour

- Communicate from time to time that you expect your child to do the best s/he can in school.
- Discuss expectations or rules for behaviour (e.g., speaking respectfully, homework curfew, drinking and the consequences for breaking rules).
- Recognise your child when s/ he has worked hard and made good behavioural choices.
- Consistently enforce consequences (do what you say you are going to do).
- Examine homework and have your child redo work that is sloppy and reveals little application.

Teach your children self-acceptance.

- Clearly indicate to your children that their self-worth comes from who they are (what's on the inside) and that their value does not come from what they achieve and what people think of them.
- Help your children appreciate their different strengths of character, different talents and aptitudes (e.g., musical, artistic, sport, technical- mechanical, academic) and clearly show by what you say that you view all of them as important.
- When your children have been unsuccessful or have been criticised, teased or bullied, help them to be "self-accepting" and to value themselves no matter what
- Show your children that you accept yourself even when you have not achieved a goal you have set or when you have been criticised by someone for what you have done.
- Teach your children that everyone is made up of positive and negative parts and, therefore, because no one is perfect, they shouldn't rate others or themselves as either being totally good or bad

PHOTO'S



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2023 CALENDAR

KEY DATES

TERM DATES

First Day Term 2 - Monday 17 April Last Day Term 2 - Friday 16 June

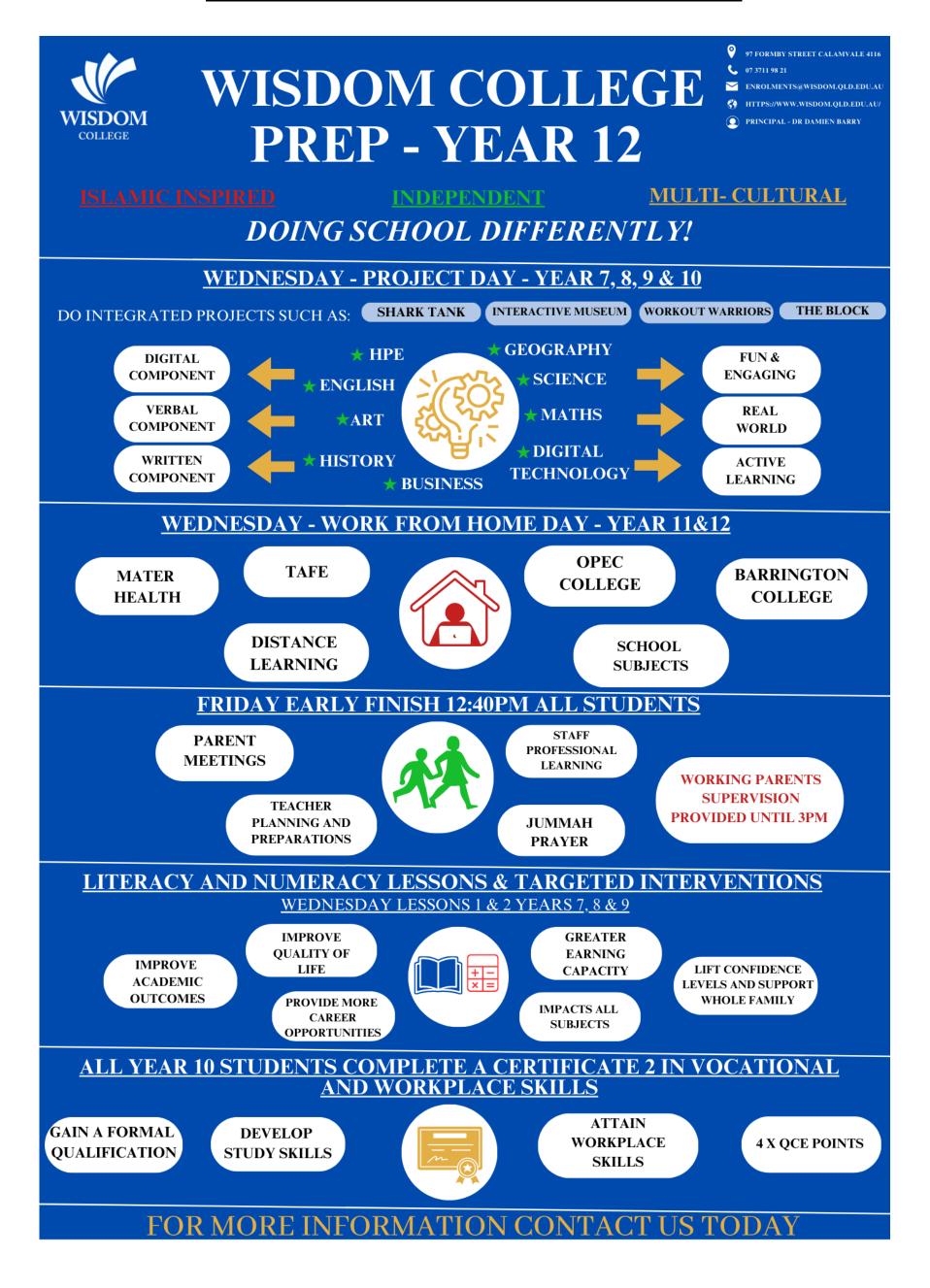
First Day Term 3 - Monday 10 July Last Day Term 3 - Friday 15 September

First Day Term 4 - Tuesday 3 October Last Day Term 4 - Friday 1st December

Term 3 Dates

- Thursday 27-28th July Year 4 Camp
- Monday 31st July Year 3 Indigenous Art Incursion
- Monday 7th August ICAS Begins
- Friday 11th August Ladies Night. Year 7 Excursion Brisbane Planetarium
- Monday 14th August Science Week and Street Science Incursion, Year 10 Work Experience Week
- Wednesday 16th August Ekka Holiday
- Friday 18th August Bullying Noway Day
- Monday 21st August Book Week Parade
- Thursday 31st August World Maths Incursion Year 3-6
- Saturday 2nd September Father's Day BBQ
- Monday 4th September Year 11 & 12 Mock Exams Begin
- Wednesday 13th September Year 11 Semi Formal
- Thursday 14th September R U OKAY Day and M.A.D. Night
- Friday 15th September Athletics Carnival and LAST DAY OF TERM

<u>UPDATES AND INFORMATION</u>



UPDATES AND INFORMATION

UNIFORM SHOP

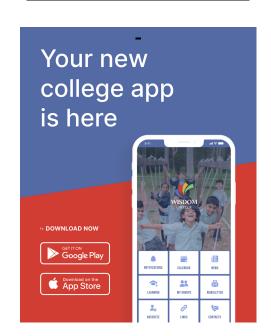








<u>SCHOOLBOX APP -</u>



PLEASE DOWNLOAD THE APP AND ENSURE THAT ALL OF YOUR FAMILY DETAILS ARE CORRECT

LUNCH ORDER SYSTEM





#BLACKOUTCOFFEE

Wisdom College is excited to announce that our new lunch order system is ready to go!

WE HAVE PARTNERED WITH BLACKOUT COFFEE AND FLEXISCHOOLS TO BRING YOU THIS EASY ONLINE ORDERING SYSTEM.

As of today you can place second lunch break orders for your child/ren.

Please download the Flexischools App and click the link for more information on how to register today.











BOOKS AND STATIONARY



CHESSMATES AFTER SCHOOL CLUB





D Block Room 101

Weekly classes will help improve

- Creativity Memory
- Independent Decision Making General Aptitude for Learning
- Problem Solving Teamwork
- Planning Skills
 - Learning chess has been shown to improve overall performance at school by nearly 20 %



compared with children who have not

To book online, scan or go to chessmates.com.au/schools

INFO@CHESSMATES.COM.AU 1300 CHESS MATES