WISDOM NEWS

THE OFFICIAL NEWSLETTER OF WISDOM COLLEGE

FROM THE PRINCIPAL'S DESK

MR. DAMIEN BARRY

Thank you to everyone for attending, assisting, participating, sponsoring and enjoying our College Fete last weekend. We all had a fabulous time with some brilliant rides, games, food and stalls. All money raised from this event goes directly towards facilities and resources for our students.

Congratulations to our students who have participated in recent Futsal competitions. We have had dozens of students involved across several year levels. It has been a great opportunity to play a sport, to have some fun, to get some exercise and to engage in healthy competition.

We have several major College events coming up this term as we approach the end of the 2023 school year. These will be communicated via this newsletter, Schoolbox, email and Facebook. These style of events are wonderful opportunities to come together as a community, to celebrate achievements and to enjoy performances. I hope to see as many families as possible.

We are a few weeks into the early Friday finish concept. It has given our staff valuable time to plan for the week ahead, to collaborate, to develop assessments, to mark and report. I have also seen an increase in the amount of people attending our Friday prayer which has been lovely.

IN THIS ISSUE

- Principal's Message
- Message from the Board
- New Edstart Platform
- Student Support Officer
- 2023 Fete Save The Date
- Calendar Key Dates
- Updates and Information

Very soon all parents will have a chance to provide feedback on this and other aspects of College life. A link to a parent survey will be sent soon and your feedback is valuable to us as we prepare for the 2024 school year.

On behalf of the Wisdom College Board and staff, our deepest sympathies are extended to all of the families and people affected by the conflict that has recently unfolded in Israel and Palestine. We hold them in our prayers and in our hearts and hope that there is a peaceful resolution. I understand that some families may wish to contribute or support the humanitarian efforts in that area. If so there are many charities and support agencies who are already working hard in this space. Australian Relief Organisation (ARO) is one such charity who we have worked closely with in the past and whom you may wish to connect with.

THANK YOU TO OUR FETE SPONSORS

PLATINUM SPONSOR



MEDITERRANEAN GRILL

SHOP 3, 1060 ROCHEDALE ROAD, SPRINGWOOD QLD 4127



UNIT 1007 FAIRFIELD ROAD YEERONGPILLY QLD 4105

GOLD SPONSOR



2/1927 BEAUDESERT RD, CALAMVALE QLD 4116



97 Formby St, Calamvale QLD 4116, Australia 07 3711 9821 0400 294 376 info@wisdom.gld.edu.au

wisdom.gld.edu.au

Dear Parents,

It is with a heavy heart and profound sadness that I address you today in the wake of the recent tragic events in Gaza, Palestine. The loss of innocent lives, regardless of nationality or background, is a grievous and heartbreaking matter that deeply affects us all. We understand that this conflict may be causing profound stress and anxiety in our students, staff and families.

At Wisdom College, we stand united in condemning all forms of terrorism and violence, particularly those that result in the loss of civilian lives. We believe in the sanctity of human life and emphasise the importance of compassion, understanding, and peaceful coexistence.

It is crucial for us, as a community, to reaffirm our commitment to dialogue, understanding, and the pursuit of peace. We must strive to create an atmosphere that fosters mutual respect and empathy, transcending borders and promoting harmony among diverse communities.

Let us remember that education plays a pivotal role in fostering a culture of peace. At Wisdom College, we remain dedicated to promoting values that prioritise human dignity, tolerance, and respect for all. Through education and open dialogue, we can contribute to building bridges of understanding and work towards a world where conflicts are resolved through peaceful means.

In these challenging times, let us come together as a community to support one another and advocate for a future where people of all backgrounds can live in peace and harmony. As a symbol of our support at Wisdom we will be holding a minute's silence and special prayer during our College assembly for the victims and families.

Our sister organisation ARO is giving a helping hand to Palestine and you can donate to their Emergency Relief homepage: <u>ARO - Australian Relief Organization</u>.

Our thoughts and prayers go out to all those affected, as we extend our deepest condolences to the bereaved families.

Sincerely,

Revsan Ahmetoglu Chairman



New way to pay your school fees

Set up your account at edstart.com.au/wisdom

We are very pleased to share that Wisdom College has partnered with Edstart to improve the fee payment experience for families. From Term 1, 2024, ALL FEE payments to Wisdom College will be made through the Edstart platform.

Whilst we put our resources into the highest quality education, sustainability and continued new initiatives, Edstart are the experts in their field and are best placed to support our families with fee payment options moving forward. We are always here to assist with any concerns and will work closely with Edstart for a smooth transition.

With Edstart Plus, families will have access to more options with their school fee payments, including:

- Options to pay weekly, fortnightly, monthly, termly, or annually by selecting the schedule that works for them
- The ability to choose a preferred day for when payments are made
- The option to spread your fees across the school year over a full 12-month period.
- The flexibility to adjust payments at any time
- Edstart pays the school up front for your fees, while you continue to have flexible payment terms
- Annual payers will still receive an early payment discount if paid by the due date

There are no fees or charges for using Edstart Plus for your Wisdom College fees. This is not a credit product and will not appear on your credit file or history. All families are required to have set up their Edstart account by Monday 27th November, in preparation for payment of fees in Term 1, 2024.

To set up your Edstart account please use the link that has been emailed to you or visit edstart.com.au/wisdom The school will forward a copy of your invoice to Edstart each term, Edstart will then pay your school fees on your behalf when they are due.

Please refer to the attached flyer for more information. You can contact Edstart on 1300 139 445 or email contact@edstart.com.au if you have any queries or require assistance.



Edstart Plus

Wisdom College has partnered with Edstart to provide you with more flexibility and choice for your school fees



Edstart

About Edstart Plus

Edstart Plus is a school fee management service to help your school improve the fee payment experience. It is free for families to use and you can choose the payment option that best fits your budget.

Annual upfront	Termly	
Monthly	 Fortnightly 	🗸 Weekly
Choose your preferred payment metho	od	
choose your preferred payment metho		
Direct debit from your account	🗸 Credit card	🗸 BPay

What happens if I want to change my payments?

Simply contact us and we'll adjust your payments based on your preference. There are no fees or charges for implementing these changes.

Is Edstart Plus a credit or loan product?

Edstart Plus is not classified as a loan, credit or borrowing facility. No enquiry or account is added to your credit file when using Edstart Plus.

Do I need to verify my identification during the setup process?

As Edstart's payment service is regulated by ASIC, we are required by law to verify your identity before setting up your account by cross-referencing the details on your credit report. This will not impact your credit file or your credit rating. Alternatively, you can provide your Driver Licence or Passport to complete this process.

How to get started

To set up your Edstart account, visit our dedicated website atedstart.com.au/wisdom

📞 1300 139 445 🛛 🖂 contact@edstart.com.au 🏻 🌐 edstart.com.au/wisdom

Any fee payment estimates are indicative only. Edstart Australia Pty Ltd ABN 48 611 024 205 holds Australian credit licence number 485096.



MANAGING STRESS

MRS. MANJA WHALEY - STUDENT SUPPORT OFFICER

When it comes to stress, there's an undeniable fact: we all need some level of stress to function as a human being. However, when that level of stress becomes 'distress' then we need to learn new ways to cope and manage our emotions and our workload. Parenting is one area where it's easy to feel out of control... we are constantly tapping into our physical and emotional reserves and/or limited life experience in raising children.

Stress is often exacerbated not only by our failure to recognise signs, but also by our response to stressors through faulty beliefs, thoughts and actions following certain situations and events. The secret to stress management is to understand what makes us feel stressed (stressors), learn to recognise the symptoms of stress, and then find strategies and/or develop ways to adjust our responses to stress to keep it at a manageable level.

<u>10 STEPS TO STRESS REDUCTION</u>

If you're a busy parent, some of these suggested steps may not be easy at first. But depending on your priorities, and how stressed you may currently feel, maybe they're worth a quick glance...

- 1. The mind/body makeover: Eat well, exercise, catch up on sleep or watch caffeine levels. Try getting up half an hour earlier in the morning just to have some special time to yourself before the rest of the family kick starts their day.
- 2. Non-technology time: If technology is ruling your life, experiment with down times for emails, texts, tweets and time and energy spent on social media web sites.
- 3. Learn to say no: Favours for family and friends, projects around the house, social activities, invitations, additional work commitments learn to say no to the things you can't achieve rather than run yourself ragged trying.
- 4. Rethink priorities: Not everything is urgent, not everything is a 'must' or a 'should'. List those things that have to be done, and practise making the distinction between needs and preferences
- 5. Keep communication lines open: Talk to your partner, your kids, family, friends, daycare and preschool staff. Try to keep up with what's going on, what's coming up and one step ahead of where problems might be emerging.
- 6. Don't rely on memory: Missing an appointment, forgetting lunch with friends or being late for pickup can create instant stress. If it has to be remembered, remind yourself lists, Outlook, diary, smartphone or tablet.
- 7. Relax standards: Domestics are always happy to wait until someone steps in, and the world has a tendency to keep spinning even if we haven't had time to bake, wash cars, water the pot plants or sew on a button.
- 8. Be mindful: Mindfulness is all about living in the moment, making the most of right now, enjoying what life has in store for us today. Continually projecting forward or back to what has to be done or what should have been done, can rob us of the enjoyment of what we're currently doing.
- 9. Organisation: Keep a spare set of keys, make sure the contact list for daycare, family, doctor, preschool etc. is up to date, allow that extra ten or fifteen minutes to get to an appointment on time, try to keep a lid on organisation at home and the workplace.
- 10. Breathe in, breathe out: When stressed, try stretching or stopping to take some deep breaths or sit for ten minutes with eyes

closed and let your body just relax. If you have time, try writing thoughts in a journal, plugging calming music into the iPod, or practise meditation or yoga... any preferred activity that helps you to feel less overwhelmed.







WHEN: 6PM FRIDAY 27TH OCTOBER WHERE: MICHAEL'S ORIENTAL, EIGHT MILES PLAINS COST: \$80 (12YRS+ ONLY)





2023 CALENDAR

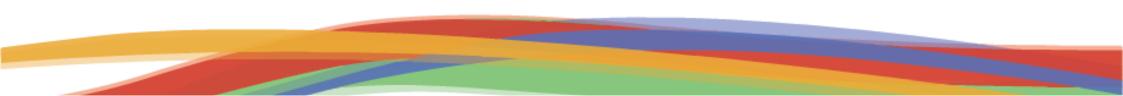
KEY DATES

Term 3 Dates

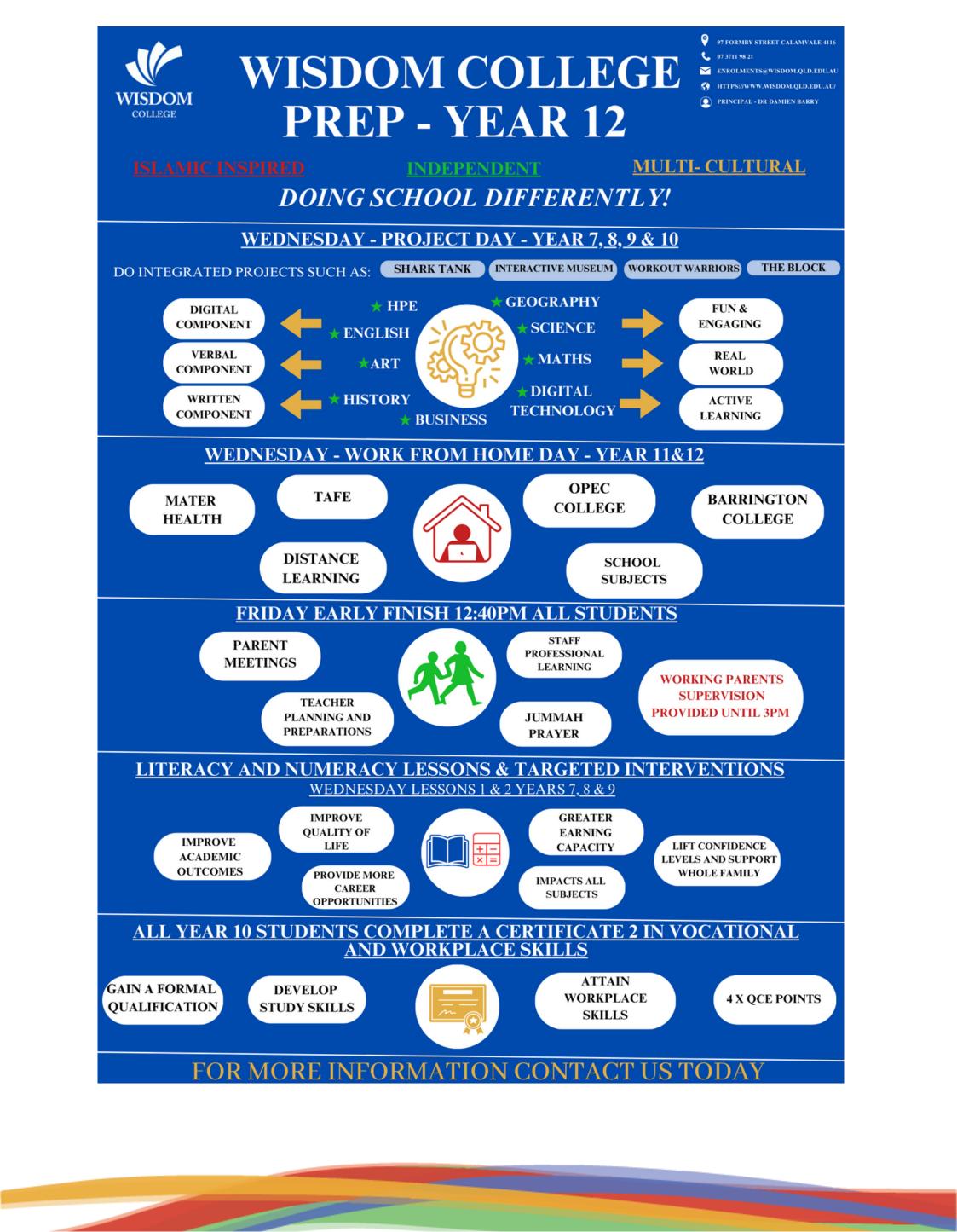
- Ladies Night Friday 27th October
- Awards Night Wednesday 15th November
- End of Year Performance Friday 24th November

End of Year finish dates:

- Year 12 last day Friday 17th November
- Prep, Year 10, Year 11 Friday 24th November
- Year 1 to Year 9 Friday 1st December



UPDATES AND INFORMATION



UPDATES AND INFORMATION

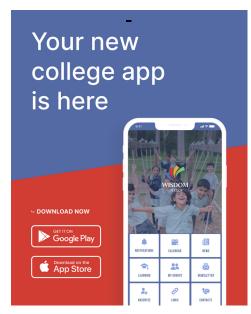
UNIFORM SHOP







<u>SCHOOLBOX APP -</u>



PLEASE DOWNLOAD THE APP AND ENSURE THAT ALL OF YOUR FAMILY DETAILS ARE CORRECT

LUNCH ORDER SYSTEM

WISDOM

flexischools



Wisdom College is excited to announce that our new lunch order system is ready to go!

WE HAVE PARTNERED WITH BLACKOUT COFFEE AND FLEXISCHOOLS TO BRING YOU THIS EASY ONLINE ORDERING SYSTEM.

As of today you can place second lunch break orders for your child/ren.

Please download the Flexischools App and click the link for more information on how to register today.

Parents (flexischools.com.au)



BOOKS AND STATIONARY



CHESSMATES AFTER SCHOOL CLUB



stationery supplies for 2021:

1. Follow the link emailed to you or click on the booklist tab at sequelbooks.com 2. Click on your school & year level 3. Fill out your requirements & student details details 4. Enter your customer & payment details 5.Sit back, relax and wait for your pack!

Let us take the stress out of summer, get #BackToSchoolWithSequel

While Sequel's retail store will remain open we will be comelying with social distancing rules and limiting the number of people in-store. This may result in lengthy and uncomfortable wait times outside the store. We highly encourage families to CRDER EARLY and opt for DEUKERY of packs. Check our Trading Hours at sequelbooks.com

To learn more about booklist ordering visit: www.sequelbooks.com/booklist-ordering-help/ OR call us on 07 3177 3331 OR email cs@sequelbooks.com Retail Shop - 115 Muriel Ave, Moorooka





20 **D** Block Room 101

Weekly classes will help improve:

- Creativity Memory Concentration
- Independent Decision Making General Aptitude for Learning
- Problem Solving Teamwork
- Planning Skills



Learning chess has been shown to improve overall performance at school by nearly 20 % compared with children who have not

To book online, scan or go to chessmates.com.au/schools

INFO@CHESSMATES.COM.AU **1300 CHESS MATES**